

5 Emergency on the Water - Packing for a Canadian Coast Guard Mission

The Canadian Coast Guard is responsible for ensuring the safety of Canada's waters, conducting search and rescue missions, and protecting the marine environment. In this activity, you will experience a simulated emergency preparedness exercise like those faced by officer cadets at the Canadian Coast Guard Academy.

Emergency scenario:

Imagine you are an officer cadet training in the Coast Guard simulator. A fishing boat is in distress 50 km offshore. You don't know the specific details of the emergency, but you need to prepare for the simulated mission.



1. Brainstorm a list of the potential emergencies you could encounter:

2. Here are a list of items you may consider packing:

- First aid kit
- Life jackets
- Flares
- Food and water
- Radio
- Binoculars
- Navigation tools (compass, maps)
- Blankets
- Hand pump and bailer
- Flashlight with batteries
- Repair toolkit
- Fire extinguisher
- Signal mirror
- Whistle

You can only take **8 items** from this list. Circle the items you choose. Explain why you chose each of these items. How will each one help you in an emergency situation?